

PSYC 101 introduction to Psychology

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, ethics involved in research, perception, cognition, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology.

(Pre-requisites: None)

Course Learning Outcomes:

By the end of the course, students will be able to:

1. Demonstrate generalized knowledge and understanding of concepts, research, and classic experiments in Psychology.
2. Apply psychological principles to personal growth and other aspects of everyday life.
3. Deduce logical and objective conclusions about behavior and mental processes from empirical evidence.
4. Demonstrate clear communication about psychological concepts both verbally and in writing.
5. Discuss issues related to diversity and complexity of our social and internal worlds.

Textbook & Course Materials:

- **Psychology: An Exploration** book by Ciccarelli Sandra & Noland White (by Pearson)
5th ed,2017; 978-0134517964

Course Content:

1. The Science of Psychology
2. Psychoanalytic
3. The Biological Perspective
4. Consciousness
5. Learning
6. Memory
7. Thinking, Intelligence, and Language
8. Development across the Life Span
9. Motivation and Emotion
10. Social Psychology
11. Personality Disorders